



Appendix 4:

UDJC Drug and Medication Control Catalog

1st Edition, effective January 2026

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ARTICLE 700 OVERVIEW AND GUIDING PRINCIPLES

The United Dressage and Jumping Club (UDJC) affirms that the welfare of the horse shall be paramount in all activities and competition. Personal accountability is at the heart of our commitment to horse welfare and fair competition. Every member—rider, trainer, owner, and official—shares responsibility for upholding the integrity of our sport. Beyond rule compliance, UDJC seeks to inspire a culture of pride in doing what is right for the horse at all times. This is reflected in our Drug and Medication Control Catalog.

Competitors are expected to act with honesty, transparency, and care in all aspects of training, management, and competition. This standard of self-accountability reflects respect for both the equine partner and the broader equestrian community.

By fostering a culture where welfare and integrity are celebrated as marks of true excellence, UDJC promotes not only responsible horsemanship but also a deep sense of honor in representing our sport.

To that end, horses must be able to compete in their natural state and free from the influence of substances that:

- Mask pain or lameness
- Alter behavior
- Enhance performance
- Endanger the horse's well-being

However, the UDJC recognizes that **basic therapeutic care** for some of our horses are required. Therefore, medications are regulated by **competition category and therapy category**.

This catalog serves as a reference only. All questions should be directed to Info@udjc.org.

ARTICLE 701 CATEGORY DEFINITIONS

For details on category visit [jumping heights](#) and [dressage classes](#).

Category C: Level Pre-B, B and E

Category B: Level A and L

Category A: Level M and S

ARTICLE 702 ALLOWANCE MEDICATION TABLE

*These medications are permitted in **all categories**, but must not be used to mask pain, enhance performance, or override soundness.*

Allowed Anytime (No Withdrawal Required)

Medication Type	Examples	Cat C	Cat B	Cat A	Notes
Gastric support medications	Omeprazole (Gastrogard/Ulcergard)	Y	Y	Y	May be given daily.
Metabolic/endocrine therapies	Pergolide (Prascend), Levothyroxine (Thyro-L)	Y	Y	Y	Must be prescribed by a veterinarian for diagnosed conditions.
Antihistamines	Hydroxyzine, Cetirizine	Y	Y	Y	At therapeutic doses for allergies; no sedating intent.
Reproductive hormones	Regu-Mate (altrenogest)	Y	Y	Y	Mare management only; no stallion or gelding performance alteration.
Antibiotics	SMZ/TMP, penicillin, ceftiofur	Y	Y	Y	Allowed unless causing systemic sedation or GI distress.

ARTICLE 703 RESTRICTED MEDICATION TABLE

Category C may receive these medications if withdrawal times listed are met. Categories A & B has **zero tolerance** for these medications. Please check with your veterinarian on withdrawal time before attending a UDJC competition.

If a horse is competing in more than one category, the rules for the highest category are to be followed.

1. NSAIDs

Medication	Last administration time before competition (when allowed)	Cat C	Cat B	Cat A
Phenylbutazone (Bute)	12 hours	Y	N	N
Flunixin (Banamine)	12 hours	Y	N	N
Ketoprofen (Ketofen)	12 hours	Y	N	N
Naproxen (Naprisyn)	12 hours	Y	N	N
Diclofenac	12 hours	Y	N	N
Firocoxib (Equioxx)	12 hours	Y	N	N

2. Muscle Relaxants

Medication	Last administration time before competition (when allowed)	Cat C	Cat B	Cat A
Methocarbamol (Robaxin)	12 hours	Y	N	N

3. Corticosteroids

Only **non-joint, systemic** corticosteroids allowed.
Intra-articular injections are prohibited within 7 days.

Medication	Last administration time before competition (when allowed)	Cat C	Cat B	Cat A	Notes
Dexamethasone	12 hours	Y	N	N	Only anti-inflammatory dose allowed.
Prednisolone	12 hours	Y	N	N	Oral permitted; not to mask pain.

ARTICLE 704 PROHIBITED SUBSTANCES (ALL CATEGORIES)

These drugs and medications are never allowed in-competition:

- **Stimulants** (*including but not limited to ephedrine, clenbuterol, amphetamines*)
- **Sedatives & tranquilizers** (*including but not limited to Acepromazine, Detomidine, Xylazine*)
- **Local anesthetics** (*injected or nerve-blocking forms including but not limited to Lidocaine, Mepivacaine, Bupivacaine, Carbocaine*)
- **Pain-masking agents** (*including but not limited to opioids, ketamine, tramadol, gabapentin, DMSO combined with steroids, Magnesium sulfate IV*)
- **Performance-enhancing substances** (*including but not limited to (erythropoietin, Clenbuterol, growth hormones, Long-acting corticosteroid injections)*)
- **Controlled or illegal drugs** (*state/federal law including anything illegal for possession or use*)

ARTICLE 705 NATURAL THERAPIES (ALL CATEGORIES)

Natural therapies are permitted when used to support comfort, recovery, and general well-being, and when they do not mask pain, alter performance, stimulate, sedate, or artificially influence behavior.

Category	Allowed	Not Allowed
Physical therapies	Massage, acupuncture, chiropractic, PEMF	Shockwave within 96 hrs
Topical natural	Liniments, poultice, arnica	Capsaicin, ginger, menthol numbing gels
Internal natural	Probiotics, electrolytes	Sedative herbs, stimulant herbs, analgesic herbs
Injectables	Vet-managed vitamins (B-12)	Any herbal or pain-masking injectable

ARTICLE 706 VIOLATIONS AND REVIEW PROCESS

UDJC may investigate any horse or member suspected of violating the medication drug and medication rules. As resources allow, UDJC may require random or targeted drug testing at UDJC events. The absence of testing does not prevent enforcement of this rule when evidence or credible reports indicate a violation.

Violations of the Drug and Medication Control Rules may result in immediate disqualification and forfeiture of all prizes, points, or awards; suspension of the competitor, trainer, or owner for a defined period; probation or mandatory welfare education requirements; or permanent ineligibility for repeat or intentional violations. The UDJC Board shall determine the severity of penalties based on evidence, intent, cooperation, and the degree of harm to the horse or fairness of competition.

Each owner, trainer, and rider shall be deemed jointly responsible for the horse's condition and compliance with these rules. Claiming ignorance of a substance or its effects does not excuse a violation.

Members are reminded:

If a horse requires medication to perform, it is not fit to compete.

UDJC members are expected to uphold the highest standards of honesty and integrity in all competition matters. Any person with knowledge of a potential violation is encouraged to report it to UDJC management or event officials. All reports will be treated confidentially and investigated with fairness and discretion.

ARTICLE 111 VACCINATION REQUIREMENTS (Main Rule Book)

FOR ALL UDJC EVENTS INCLUDING SHOWS, CLINICS, TRAINING DAYS, AND
RELATED ACTIVITIES

The United Dressage and Jumping Club (UDJC) requires all horses participating in any UDJC-related activity, including but not limited to shows, clinics, training days, camps, educational events, Championship Finals, and any other UDJC-organized or UDJC-recognized gatherings, to comply with the mandatory vaccination standards set forth in this Article.

These requirements are established to protect horse welfare, ensure biosecurity, and maintain the integrity of all UDJC activities.

1) Mandatory EQUINE INFLUENZA VACCINATION

All horses participating in UDJC events must be vaccinated against Equine Influenza.

1. Horses must have completed a primary Equine Influenza vaccination course in accordance with veterinary guidelines.
2. A booster vaccination must have been administered within six (6) months prior to the first day of participation in any UDJC event.
3. No horse may participate in any UDJC event if an Equine Influenza vaccination was administered within seven (7) days prior to the first day of participation.

2) Mandatory EQUINE HERPESVIRUS (EHV-1 / RHINO) VACCINATION

All horses participating in UDJC events must be vaccinated against Equine Herpesvirus Type 1 (EHV-1 / Rhino).

1. Horses must have completed a primary EHV vaccination course in accordance with veterinary guidelines.
2. A booster vaccination must have been administered within six (6) months prior to the first day of participation in any UDJC event.
3. No horse may participate in any UDJC event if an EHV vaccination was administered within seven (7) days prior to the first day of participation.

3) Mandatory WEST NILE VIRUS VACCINATION

All horses participating in UDJC events must be vaccinated against West Nile Virus.

1. Horses must have completed a primary West Nile Virus vaccination course in

accordance with veterinary guidelines.

2. A booster vaccination must have been administered within twelve (12) months prior to the first day of participation in any UDJC event.

4) Mandatory RABIES VACCINATION

All horses participating in UDJC events must be vaccinated against Rabies.

1. A Rabies vaccination must have been administered within twelve (12) months prior to the first day of participation in any UDJC event, unless a shorter interval is required by law or veterinary authority.

a) Proof of Vaccination

1. Proof of all required vaccinations must be uploaded to the official UDJC show software prior to arrival at the event facility.
2. Vaccination records must clearly identify the horse, the vaccine administered, and the date of administration.
3. Failure to upload valid vaccination records by the required deadline may result in denial of entry, refusal of access to the facility, or removal from the event, without entitlement to refund.

f) Compliance and Enforcement

Responsibility for compliance with the vaccination requirements set forth in this Article rests solely with the owner, rider, and trainer.

Any horse failing to meet these requirements may be refused entry, denied access to the facility, removed from the premises, eliminated from competition, or withdrawn from participation, without entitlement to refund.

g) Final Authority

The UDJC, acting through the Head Judge in conjunction with the Show Organizer or responsible UDJC official, retains final authority in all matters relating to vaccination compliance and biosecurity.

All such decisions shall be final and binding.

ARTICLE 707 POLICY REVIEW PROCESS

These Drug and Medication Control Rules shall be reviewed annually by the UDJC Board in consultation with veterinary professionals to ensure consistency with current best practices and to further the welfare and protection of the horse.